



### ALIGN THE EYES

The reflective aspect of the Mirror Rail Pro allows you to get your eyes directly over the ball and in line with the target. It also fits into the existing Yes! Putting Mirror for multi-use.

### BE SQUARE

The ball will only run down the length of the mirror and into the hole if the clubface is perfectly square at impact. If you push or pull the putt, the ball will veer off to the side and miss.



## TRAINING AIDS

# PRO PUTTS

Sink shots like the world's best with these aids, plus a book that gets you 'in the zone'

### YES! GOLF MIRROR RAIL PRO

Designed for the better player, this training aid features a 90cm long mirror rail that tapers towards the end, making the task of hitting a dead straight putt that extra bit more challenging. The goal is the same as other putting mirror products – to

develop the correct clubface alignment through impact.

**TG Verdict:** Making practice harder can only improve your putting on the course. One thing is for sure, there's no margin for error on pushed or pulled putts!

**RRP:** £29.99 available from [www.perfectmygolf.co.uk](http://www.perfectmygolf.co.uk)

### iPHONE APP

#### 365 GOLF LESSONS

If you want an app that provides simple but effective golf instruction, 365 Golf Lessons is a good place to start. You'll be treated to tuition covering 25 topics and super slow motion videos, written by Canadian PGA Pro Steve Smith. In the videos, instructor notes in subtitles are a nice touch and the app also covers areas such as course management, the mental game and golfing etiquette.

**TG Verdict:** Perhaps more video tips could be provided but the vast amount of content reads clearly and concisely for effective instruction tips.

**RRP:** 59p from the app store



### BOOK REVIEW

#### PLAY MAGIC GOLF BY DR STEPHEN SIMPSON

This new offering promises to arm golfers with effective and accelerated mind-training techniques.

Written by leading golf performance coach, Dr Stephen Simpson, the 139-page paperback takes readers through a variety of techniques, including self-hypnosis, meditation and Neuro-Linguistic Programming, to build 'in the zone' assurance to take to the course.

**TG Verdict:** Some of the methods used are a bit out there, but this different approach could just save your game.

**RRP:** £9.99 from [www.amazon.co.uk](http://www.amazon.co.uk)



### TRAINING AID

#### EYELINE BALL OF STEEL 3-PACK

The Ball of Steel is designed to give you instant feedback on poorly struck putts.

Each ball weighs five-times as much as a normal golf ball, so should the ball strike the heel or the toe of the putter, the club will twist and the ball will roll slowly and off-line.

The makers of the Ball of Steel claim it helps to eliminate a decelerating stroke by delivering the putter head and shaft in the correct position without thinking.

**TG Verdict:** Genuinely forces you to strike the ball with the sweetspot but it's difficult to hit the ball any considerable distance.

**RRP:** £21.95 available from [www.perfectmygolf.co.uk](http://www.perfectmygolf.co.uk)

